

Please read through this gear list carefully and ask if you have any questions.
As we are camping in tents with no buildings around it is important students have appropriate gear for the conditions.

CAMPING SUPPLIES

- ☐ Tent (Share with friends. If none of your friends have one, we have some spares)
- ☐ Sleeping bag
- ☐ Sleeping mat
- ☐ Torch

FOOD

- ☐ Lunch x 3
- ☐ Breakfast x 2
- ☐ Dinner x 2
- ☐ Snacks and energy food (Nuts, dried fruit, chocolate, ...)
- ☐ Crockery to eat with (plate, bowl, knife, fork, spoon, cup, ...)

Consider what types of foods you will be able to store and prepare in camping conditions.

Please DON'T bring lollies that have little wrappers. We want to leave the campsite as clean as we found it, and these make that difficult

CLOTHING

- ☐ Footwear for day walks (eg approach shoes or boots)
- ☐ Footwear for around camp (eg sneakers, gumboots, crocs)
- ☐ Closed in footwear for kayaking and swimming (eg old pair of sneakers)
- ☐ Clothing for warm weather, including:
 - ☐ Sun hat and sunscreen
- ☐ Clothing for cool weather, including:
 - ☐ Polar fleece or woollen jersey
 - ☐ Thermal tops x 2
 - ☐ Thermal bottoms x 2
 - ☐ Beanie
 - ☐ Warm gloves

All your cold weather clothing should be wool or polyprops not cotton.

Cotton will make you cold really quickly when wet!

- ☐ Clothing suitable for cooking around fire (**not** polyprops, preferably wool or if not then cotton)
- ☐ Warm socks x 3 (not cotton)

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- ☐ Windproof jacket
- ☐ Waterproof jacket
- ☐ Swimwear

MISC

- ☐ Drink bottle
- ☐ Day pack
- ☐ Personal medication
- ☐ Toiletries – toothbrush, toothpaste, facecloth, hair brush/comb, sanitary needs
- ☐ Toilet paper
- ☐ Towels x 2
- ☐ Plastic bags for wet clothes
- ☐ A positive attitude

Optional

- ☐ Wetsuit (SGHS can provide some)
- ☐ Insect repellent (but highly encouraged!)
- ☐ Baking to share
- ☐ Board games/card games
- ☐ Camera
- ☐ Pillow & Pillowcase
- ☐ Tea towel