

Hautoka ki Otakou Murihiku - GEAR LIST

Waterproof Jacket

Warm Top(s)

Shorts or skirt x 1

Underwear x 1

T Shirts / Shirts x 3

Pyjamas / Nighty

Track pants / skins x 2

Socks x 2

Gym shoes for walking x 1

Jandals / Flip Flops

Personal sanitary / hygiene items (eg deodorant, toothpaste, face wipes etc)

Personal First Aid kit

Personal Medication

Day pack

Plastic Bags for dirty clothes etc

Water bottle

Book to read / Cards etc

Cell phone (for emergencies and when staff say you are allowed to use it.)

Charger for cell phone

Spending money