

**Please read through this gear list carefully and ask if you have any questions.**  
**As we are camping in tents with no buildings around it is important students have appropriate gear for the conditions.**

#### CAMPING SUPPLIES

- ☐ Tent (Share with friends. If none of your friends have one, we have some spares)
- ☐ Sleeping bag
- ☐ Sleeping mat
- ☐ Torch

#### FOOD

- ☐ Lunch x 3
- ☐ Breakfast x 2
- ☐ Dinner x 2
- ☐ Snacks and energy food (Nuts, dried fruit, chocolate, ...)
- ☐ Crockery to eat with (plate, bowl, knife, fork, spoon, cup, ...)

*Consider what types of foods you will be able to store and prepare in camping conditions.*

*Please DON'T bring lollies that have little wrappers. We want to leave the campsite as clean as we found it, and these make that difficult*

#### CLOTHING

- ☐ Footwear for day walks (eg approach shoes or boots)
- ☐ Footwear for around camp (eg sneakers, gumboots, crocs)
- ☐ Closed in footwear for kayaking and swimming (eg old pair of sneakers)
- ☐ Clothing for warm weather, including:
  - ☐ Sun hat and sunscreen
- ☐ Clothing for cool weather, including:
  - ☐ Polar fleece or woollen jersey
  - ☐ Thermal tops x 2
  - ☐ Thermal bottoms x 2
  - ☐ Beanie
  - ☐ Warm gloves

*All your cold weather clothing should be wool or polyprops not cotton.*

*Cotton will make you cold really quickly when wet!*

- ☐ Clothing suitable for cooking around fire (**not** polyprops, preferably wool or if not then cotton)
- ☐ Warm socks x 3 (not cotton)

**GEAR LIST CONTINUED ON PAGE 2**

- ☐ Windproof jacket
- ☐ Waterproof jacket
- ☐ Swimwear

#### MISC

- ☐ Drink bottle
- ☐ Day pack
- ☐ Personal medication
- ☐ Toiletries – toothbrush, toothpaste, facecloth, hair brush/comb, sanitary needs
- ☐ Toilet paper
- ☐ Towels x 2
- ☐ Plastic bags for wet clothes
- ☐ A positive attitude

#### Optional

- ☐ Wetsuit (SGHS can provide some)
- ☐ Insect repellent (but highly encouraged!)
- ☐ Baking to share
- ☐ Board games/card games
- ☐ Camera
- ☐ Pillow & Pillowcase
- ☐ Tea towel